

## **Nutrition for Homeopaths Bibliography**

- Airola, Paavo (1996), How to Keep Slim, Healthy and Young With Juice Fasting, Health Plus Publishers
- Airola, Paavo (1984), How to Get Well, Health Plus Publishers
- Ballentine, Rudolph (2007), Diet and Nutrition, Himalayan Institute Press
- Bland, Jeffrey (1999), Genetic Nutritioneering, McGraw-Hill
- Bland, Jeffrey (1999), The 20-Day Rejuvenation Diet Program, McGraw-Hill
- Bland, Jeffrey & Schmidt, Michael, (2006), Brain Building Nutrition, Frog Books
- Bland, Jeffrey (1983), Medical Applications of Clinical Nutrition, Keats Pub
- Brostoff, Jonathan & Gamlin, Linda (2000), Food Allergies and Food Intolerance, Healing Arts Press
- Canole, Drew (2012), Juicing Recipes from Fitlife, Fitlife
- Chaitow, Leon (1990), Pro Biotics, Harpercollins
- Cousens, Gabriel (2005), Spiritual Nutrition, North Atlantic Books
- Erasmus, Udo (1993), Fats That Heal, Fats That Kill, Alive Books
- Gurudas (2008), Gem Elixirs and Vibrational Healing Volumes 1 & 2, Cassandra Press
- Hahnemann, Samuel 6<sup>th</sup> Edition (1843), The Organon of the Medical Arts, Birdcage Books
- Howell, Edward (1995), Enzyme Nutrition, Avery Publishing Group
- Jensen, Bernard (1998), Dr. Jensen's Guide to Better Bowel Care, Avery Trade
- Jensen, Bernard (1988), Foods That Heal, Avery Trade
- Jensen, Bernard (2000), Dr. Jensen's Juicing Therapy, Avery Trade
- Jensen, Bernard (2000), Dr. Jensen's Guide to Diet and Detoxification, Avery Trade
- Oshawa, George (1995), Zen Macrobiotics, George Oshawa Macrobiotic
- Lad, Vasant (1993), Ayurveda: The Science of Self Healing, Lotus Press
- Lu, Henry C. (1986), Chinese System of Food Cures, Sterling

- Lyman, Howard & Robbins, John (2006), The China Study, BenBella Books
- Kushi, Michio (2004), The Macrobiotic Path to Total Health, Ballantine Books
- Philpott, William H. & Kalitta, Dwight K. (1991), Victory over Diabetes, Keats pub
- Pitchford, Paul (2003), Healing with Whole Foods, North Atlantic Books
- Pauling, Linus & Cameron, Ewan (1993), Cancer and Vitamin C, Camino Books
- Pearson, Durk & Shaw, Sandy (1982), Life Extension, Warner Books
- Price, Weston (2008), Nutrition and Physical Degeneration, Price Pottenger Nutrition
- Rodale, J. I. (1949), The Healthy Hunzas, Rodale Books
- Samraj, Adi Da, (2006), The Yoga of Right Diet, The Dawn Horse Press
- Samraj, Adi Da, (2008), The Green Gorilla, The Dawn Horse Press
- Samraj, Adi Da (1979), The Eating Gorilla Comes in Peace, The Dawn Horse Press
- Shelton, Herbert (2012), Food Combining Made Easy, Book Publishing Company
- Westlake, Aubrey T (1974), The Pattern of Health, Shambhala
- Willett, Walter (1998), Nutritional Epidemiology, Oxford University Press